



**2021 WOMENS DEVELOPMENT PROGRAM
NATIONAL CHAMPIONSHIPS**

SITE: Ocean Center - Daytona Beach, FL

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Thursday, May 13, 2021		
4:00 PM	7:00 PM	GK Elite Apparel Distribution
4:00 PM	7:00 PM	Coaches' Sign-In and Meet Info Packet Pick Up
Friday, May 14, 2021		
8:00 AM	5:00 PM	GK Elite Apparel Distribution All Day
8:00 AM	10:20 AM	Region 7 and 3 Training
11:00 AM	1:20 PM	Region 6 and 4 Training
2:00 PM	4:20 PM	Region 8 and 1 Training
5:00 PM	7:20 PM	Region 5 and 2 Training
Saturday, May 15, 2021		
SESSION I - JUNIOR A and SENIOR A		
8:00 AM	8:30 AM	Open Stretch and Coaches Meeting
8:35 AM	8:50 AM	March-In
8:55 AM	9:13 AM	Warm-up First event for Flight 1 Athletes
9:15 AM	12:15 PM	Competition
12:15 PM	1:15 PM	Awards
SESSION II - JUNIOR B and SENIOR B		
12:45 PM	1:15 PM	Open Stretch and Coaches Meeting
1:20 PM	1:35 PM	March-In
1:40 PM	1:58 PM	Warm-up First event for Flight 1 Athletes
2:00 PM	5:00 PM	Competition
5:00 PM	6:00 PM	Awards
SESSION III - JUNIOR C and SENIOR C		
5:30 PM	6:00 PM	Open Stretch and Coaches Meeting
6:05 PM	6:20 PM	March-In
6:25 PM	6:43 PM	Warm-up First event for Flight 1 Athletes
6:45 PM	9:45 PM	Competition
9:45 PM	10:45 PM	Awards
Sunday, May 16, 2021		
SESSION IV - JUNIOR D and SENIOR D		
8:00 AM	8:30 AM	Open Stretch and Coaches Meeting
8:35 AM	8:50 AM	March-In
8:55 AM	9:13 AM	Warm-up First event for Flight 1 Athletes
9:15 AM	12:15 PM	Competition
12:15 PM	1:15 PM	Awards
SESSION V - JUNIOR E and SENIOR E		
12:45 PM	1:15 PM	Open Stretch and Coaches Meeting
1:20 PM	1:35 PM	March-In
1:40 PM	1:58 PM	Warm-up First event for Flight 1 Athletes
2:00 PM	5:00 PM	Competition
5:00 PM	6:00 PM	Awards
SESSION VI - JUNIOR F and SENIOR F		
5:30 PM	6:00 PM	Open Stretch and Coaches Meeting
6:05 PM	6:20 PM	March-In
6:25 PM	6:43 PM	Warm-up First event for Flight 1 Athletes
6:45 PM	9:45 PM	Competition
9:45 PM	10:45 PM	Awards